

# Traffic Light Tag

## **Lesson at a glance:**

Students will understand the changes in motion associated with the colors of a traffic light and demonstrate their ability to react quickly to change their own motion and speed.

## **Grades:**

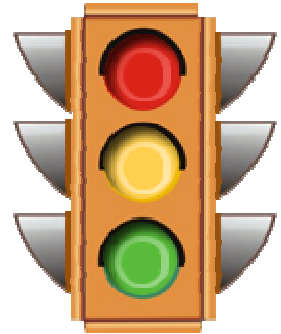
K-5

## **Skills:**

Observing, Communicating, Comparing, Large Motor Skills

## **Materials:**

- ❑ Five bandanas (two green, one red, two yellow)
- ❑ Four cones to mark the boundaries of the game
- ❑ A whistle



## **Background:**

In most countries, the traffic light sequence is green (go), amber (prepare to stop), and red (stop).

## **Activity:**

1. Ask the students if they have ever seen a traffic light? Show them a picture of a traffic light. What does a traffic light do? What are the colors on a traffic light? What do they mean?
2. Today they will be role-playing cars traveling down a road. They must remember that red means stop, green means move ahead quickly (but safely), and yellow means to slow down and prepare to stop.
3. Pick five students to wear the colored bandanas.
4. When the whistle is blown, the students with the bandanas will try and touch their classmates.
5. When touched, the student must move at the speed associated with the bandana that touched them.
  - For example, if they are touched by a student with a green bandana, they will move quickly and safely throughout the group.
  - If a yellow bandana wearing classmate touches them they will move slowly.
  - When they are touched by a classmate wearing a red bandana, they must stop and sit down.
  - If they are tagged again by the “green go” person they may get up and move around with the rest of the group.
6. When the whistle is blown again, have the traffic lights hand their bandanas to one of the cars and play the game again.



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